



The Golden Thimble's Blue Book Recipes

<http://www.thegoldenthimble.com>

Turkey Parmesan

4-6 Turkey Breast Cutlets

2 cups tomato sauce

1 Tablespoon Italian Seasoning

½ cup of Parmesan Cheese

Olive Oil

1 cup part skim Mozzarella Cheese

Preheat oven to 350 degrees

Spray a pan with non stick spray

Mix together the Parmesan cheese and the Italian Seasoning. Coat the cutlets on both sides with the mixture.

Pour some Olive Oil into a skillet and brown cutlets on both sides.

Pour a little sauce into the pan and then place the cutlets in the pan and pour remaining sauce over them and bake at 350 degrees for 30 minutes, add the mozzarella cheese and bake an additional 10 minutes or until cheese is bubbling and lightly gold color.