



*The Golden Thimble's Blue Book Recipes*

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## Cabbage Roll Casserole

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2 lbs. lean ground beef  
1 C. chopped onion  
1 (29 oz). can tomato sauce  
3 1/2 lbs. chopped cabbage  
1 c. uncooked white rice  
3 1/2 C. beef stock

Preheat oven to 350 degrees

In a large skillet, brown beef in oil over medium high heat until done. Drain grease if any. In a large mixing bowl combine the onion, tomato sauce, cabbage, and rice. Add meat and mix all together. Spray a 9" by 13" baking dish with non stick cooking spray and pour the mixture in. Pour beef stock over meat mixture and bake in the preheated oven, covered, for 1 hour. Stir, replace cover and bake for another 30 minutes.